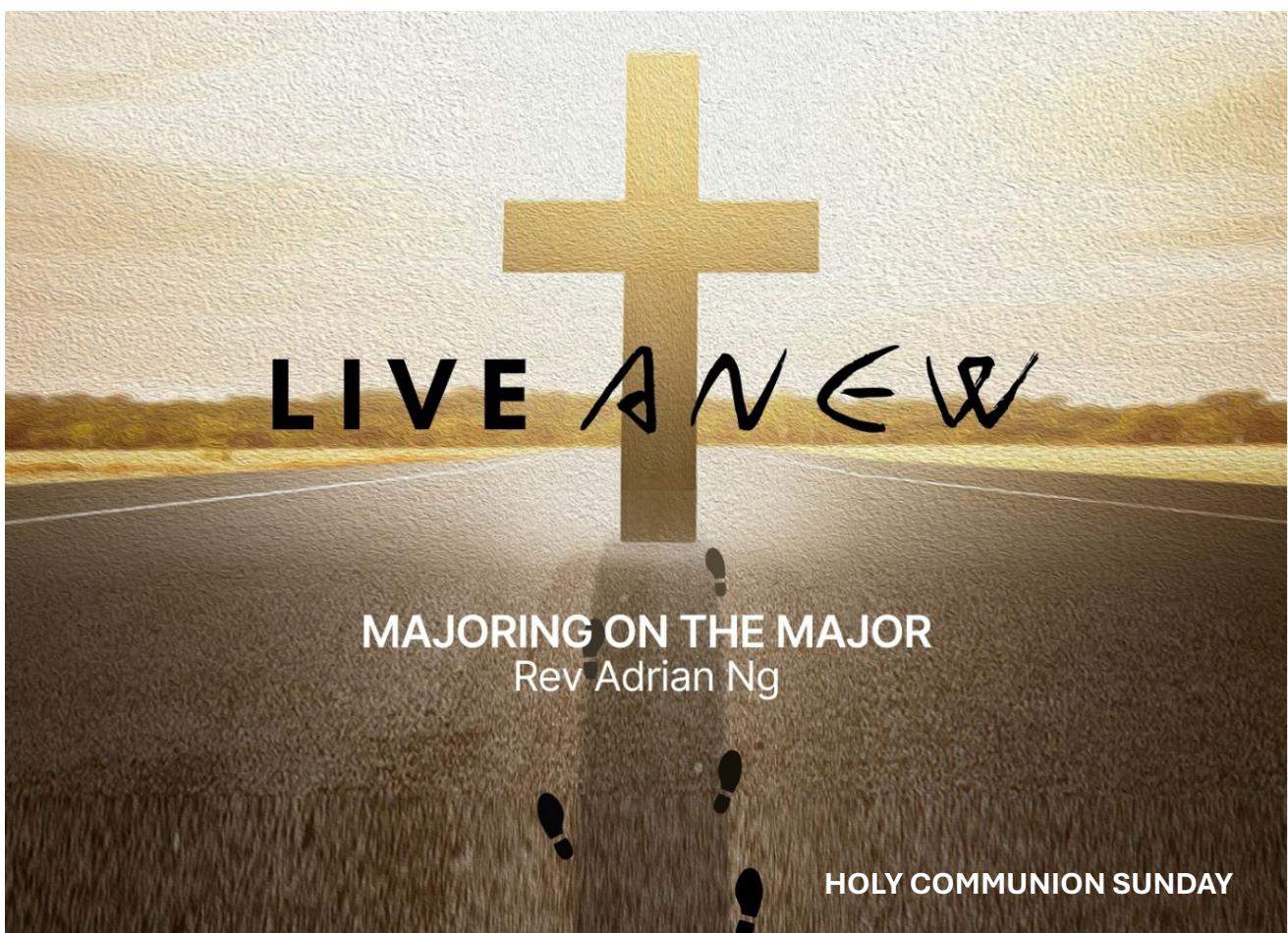


8.30AM & 10.30AM SERVICE

1 FEBRUARY 2026



CONNECT WITH US ONLINE

tpmc.org.sg

[tpmc480](https://www.youtube.com/c/tpmc480)

[toapayohmc](https://www.facebook.com/toapayohmc)

[tpmcofficial](https://www.instagram.com/tpmcofficial)

The bulletin can also be downloaded via QR Code located at the foyer or at tpmc.org.sg

FAMILY NEWS

“For this is the blood of the covenant, which is poured out for many for the forgiveness of sins.”

Matthew 26:28 (ESV)

SECOND OFFERING

1

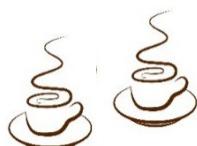


The second offering today - TPMC Missions Fund - reflects TPMC's missions calling to **go, give and pray**, partnering in God's work to fulfil the Great Commission.

KOPI TIME

2

If you are new or visiting, please join us for a time of fellowship and to find out how you can be part of the church.



Date: 1 Feb (Today)
Time: After the 8.30am service
Venue: Welcome Lounge (L1)

BLOOD DONATION DRIVE

3

Save the date for our next Blood Donation Drive in 2026!



Date: 28 Mar (Sat)
Time: 10.00am - 4.00pm
Venue: 01-03 & 01-06
Registration: tpmc.org.sg

PARENTS' DIALOGUE - THE YOUTH PROJECT (TYP)

4

This is an opportunity to meet with our Pastor-In-Charge, Rev Adrian Ng, and our Youth Worker, Tim Wade, to discuss plans for the next few months of The Youth Project ministry.



Date: 8 Feb (Sun)
Time: immediately after TYP
Venue: Hall 1 (L3)

TRAC PRAYER CONFERENCE

5

Join all 21 TRAC churches as we gather in a united moment of worship, prayer and surrender, seeking God's leading for our churches, our communities and our world.

A Children's Track (7 to 12 years) is also available.



Theme: 'I Say Yes'
Keynote
Speaker: Rev Reuben Ng
Date: 14 Mar (Sat)
Time: 2.00pm - 6.00pm
Venue: Paya Lebar Methodist Church
Register: <https://trac-mcs.org.sg/isayes/>

Blessed 78th Anniversary
to Fairfield Methodist Church



Are you a newcomer?
Scan the QR code
and let's get to know
each other better!

Encounter God
through the daily reading
of His Word



Download the reading plan from
Lectio 365 and let us
encounter God as an individual
and as a church.

E-GIVING (Pledges/Tithes & Offering)



Indicate the following under **Reference**:
For Pledges/Tithes: Indicate **P-Your Name**
(eg P-Mary Tan)
For 2nd offering: Indicate **2nd Offering**
(1st Sunday only)

Contributions received without indication
will go to the Church General Offering.

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RETIRED PASTORS

Rev Michael Wong **Rev Irene Thung**

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THANKSGIVING		25 JANUARY 2026	
Pledge	E-Giving	8.30am	10.30am
Pledge	\$11,677.00	\$5,280.00	\$ 500.00
Offering	\$ 8,204.00	\$1,933.60	\$2,351.10

WHAT'S ON THIS WEEK

SUNDAY – 1 FEBRUARY 2026

Sunday Service (Traditional)
8.30am/Sanctuary (L2)

Sunday Service (Contemporary)
10.30am/Sanctuary (L2)

How To Study The Bible (1/2)
1.00pm/Hall 2 (L3)

On every first Sunday of the month, The Youth Project, Filipino Ministry & Children's Ministry will join the main services.

THURSDAY – 5 FEBRUARY 2026

Seniors' Ministry
1.00pm/Hall 1 (L3)

FRIDAY – 6 FEBRUARY 2026

Boys' Brigade 10th Singapore Company
1.00pm/Beatty Secondary School

Night Missions
9.30pm/Toa Payoh Library

Next Sunday's Message

Live Anew....
Being Word-Centred

Ms Agnes Goh

SERVICE STEWARDS

Time Counting Stewards

LCEC

8.30am	Koh Eng Huat Alan Goh • Denise Chan • Ho Wai Han	Peter Khoo
10.30am	Catherine Tee Leong Poe Chu • Orris Kong • Reginald Kuan	Linus Ang

ORDER OF WORSHIP | 1st February 2026
Fourth Sunday After the Epiphany
Holy Communion

PREPARATION

Choral Introit

“How Great Thou Art”

Jubilate Choir

PRAISE

*Call to Worship

Mrs Roslyn Sim

Leader: Beloved, what worship does God desire of us?

People: To do justice, love kindness, and live humbly with God.

Leader: Come, let us worship God!

People: With our voices and our lives.

All: **Thanks be to God! Amen.**

UMH 363

*Affirmation of Faith

UMH 888

*Gloria Patri

UMH 71

WORD

*Prayer for Illumination

All: Holy God, as we hear Your Word and come to Your Table, open our hearts and minds by Your Spirit. Feed us with truth, shape us by grace, and make us one in Christ, that our lives may reflect Your love. Amen.

Sermon

“Live Anew...Majoring on the Major”

Rev Adrian Ng

*Hymn of Response

“A New Commandment”

PRAYER

Invitation to the Lord's Supper

UMH 12

Confession and Pardon

Corporate Prayer

PARTICIPATION

*Greetings

Offertory Prayer

(The 2nd Offering for TPMC Missions Fund will be received)

Family News

“Teach Me Your Way”

Jubilate Choir

Family News

UMH 94

The Great Thanksgiving

UMH 13

The Lord's Prayer (To Be Sung)

Breaking the Bread

Giving the Bread and Cup

PROCLAMATION

*Hymn of Dedication

“Here, O My Lord, I See Thee”

UMH 623

*Benediction

Choral Response

“Go Out in Song”

Jubilate Choir

Postlude

*indicates congregation to stand

Corporate Prayer Pointers

“Our Father in heaven,
hallowed be your name.
Your kingdom come,
Your will be done on earth as it is in heaven.
Give us today our daily bread.
And forgive us our debts
as we also have forgiven our debtors.
And lead us not into temptation, but deliver us from the evil one. “
Matthew 6:9-13 (NIV)

1. World: Your Kingdom come, Your will be done on Earth as it is in Heaven.

- Pray for peace in a world that is torn by conflict- the war between Russia and Ukraine, and the people suffering in Iran and Myanmar. Ask God to bring an end to the bloodshed.
- Pray for peace talks to resume among world leaders and for lasting peace agreements to be established.
- Pray for communities that are affected by the Nipah Virus. May God bring healing to the sick, protection for the health care workers and comfort to those living with fear and uncertainty. Ask God to grant wisdom to leaders and scientists to respond to this outbreak and protect communities from further spread.

2. Singapore: Give us this day our daily bread.

- Ask God to protect those whose businesses, jobs and employment that are affected by economic uncertainty. May God provide daily bread for families and individuals that are under financial strain and open doors for work, provision and financial stability.
- Ask God to bless our government leaders with unity, vision, and integrity. May God protect our nation from division and unrest and let Singapore continue to be a place of harmony and peace.

- Ask God to provide our government with wisdom to form policies to adjust to new global changes as well as shape policies that will uplift the poor, the elderly, the marginalized, and the forgotten.

3. TPMC: Forgive us our debts as we have also forgiven our debtors. Lead us not into temptations but deliver us from evil.

- Pray for families that are torn apart by conflicts and to restore peace and understanding to broken relationships.
- Pray that God will strengthen those in our congregation who are struggling with illnesses (those facing chronic pain, cancer, long-term conditions, or recent diagnoses). Ask God to bring healing, strength, and wholeness to their bodies. Sustain them through treatment and recovery and surround them with love and support.
- Pray also for those who are battling mental and emotional distress: those facing anxiety, depression, burnout, or hidden burdens. May they experience God's peace in their hearts.

ActNow! (Applying Christ's Teaching NOW) follows the weekly sermon series of TPMC, and challenges us to apply and put into practice the biblical truths we hear each week. It is the recommended Bible discussion material for TPMC's Connect Groups, and leader's notes are available to all Connect Group Leaders and at the Information Counter.

Live Anew: Choosing Wisely

Luke 9:23-25

Tim Wade

SERMON SYNOPSIS

- Values are our core beliefs that determine the choices we make.
- If we want to be Jesus' disciples, we must let Jesus lead *every day in every aspect* of our life. We must make choices in our life that are in line with Jesus' leadership. If we cling to our own values and old way of life, the reality is that we will not be able to live the new life we have in Christ. (Romans 7:19).
- Jesus is calling us to reorder our values. However, this will not necessarily happen quickly or smoothly. When we face difficulties making choices that are aligned to Jesus' values and teachings, that may not be failure – rather, it may be an invitation to deeper spiritual formation and growth – which is our personal discipleship.
- The way to deeper spiritual formation and growth is closer apprenticeship with Jesus: *being with Him, becoming like Him and doing what He does* (Luke 6:40), beginning with our values and attitudes. We will make progress when we make a choice *decisively* and then *do it!*
- Patterns of repeated behaviour reveal our values. Are we making choices for ourselves, or do we let Jesus lead us? Are we making choices for our children that show that they are led by Jesus and hence, imitating Him? If not, are we humble enough to accept correction? In John 14:15-17, 26 and John 15:5, Jesus teaches us that creating space and time in our lives is non-negotiable and we are to let the Holy Spirit correct and guide us.
- Questions for self-examination to deepen our discipleship:
 - ✓ What story am I really living inside right now – and who is shaping it?
 - ✓ When was the last time I allowed Jesus – or another person – to challenge something I didn't want to change?
 - ✓ Do the people closest to me experience me as present, attentive and safe?
 - ✓ Where is my attention going – and what does that reveal about what I value most?
 - ✓ What does faithfulness to Jesus look like for me in this season – and what might I need to say "no" to in order to live it?

DISCUSSION QUESTIONS

RELATE

1. When was the last time you allowed Jesus – or another person – to challenge something you didn't want to change?

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REFLECT

2. The Bible records many situations where a person's actions reflected their values – some right, some wrong. In many cases, God corrected those who had the wrong values. What can we learn from them?

[Verses to help us go deeper: Genesis 20:1-18; 2 Samuel 11:2-6 & 12:1-9 (& Psalm 51); Jonah 4:1-11]

RESPOND

3. In your quiet time for the next two weeks, reflect on the questions in the sermon synopsis under "Questions for self-examination to deepen our discipleship". The next time you meet as a Connect Group, share an answer from one of those questions that helped you deepen your discipleship.

PRAYER POINTERS

- Praise God for giving us new life in Christ and enabling us to escape our old life without God.
- Thank God for patiently correcting us each time we make poor choices.
- Ask God to show us where we have the wrong values and guide us into making the right choices – personally, as a family, and as a CG. (Note: If you would like to grow in prayer, extend your prayer to our nation, Singapore!)

SCRIPTURE TO MEDITATE ON

"And he said to all, "If anyone would come after me, let him deny himself and take up his cross daily and follow me."'" [Luke 9:23]